



WKC RULES & DIVISIONS: PARA DIVISIONS

<i>Para Female Kata</i>	Intellectually Impaired +16
<i>Para Male Kata</i>	Intellectually Impaired +16
<i>Para Female Kata</i>	Intellectually Impaired -16
<i>Para Male Kata</i>	Intellectually Impaired -16

<i>Para Female Kata</i>	Mobility Impaired +16
<i>Para Male Kata</i>	Mobility Impaired +16
<i>Para Female Kata</i>	Mobility Impaired -16
<i>Para Male Kata</i>	Mobility Impaired -16

<i>Para Female Kata</i>	Autism Spectrum Disorder (ASD) +16
<i>Para Male Kata</i>	Autism Spectrum Disorder (ASD) +16
<i>Para Female Kata</i>	Autism Spectrum Disorder (ASD) -16
<i>Para Male Kata</i>	Autism Spectrum Disorder (ASD) -16

<i>Para Female Kata</i>	Visually Impaired +16
<i>Para Male Kata</i>	Visually Impaired +16
<i>Para Female Kata</i>	Visually Impaired -16
<i>Para Male Kata</i>	Visually Impaired -16

<i>Para Female Kata</i>	Wheelchair User +16
<i>Para Male Kata</i>	Wheelchair User +16
<i>Para Female Kata</i>	Wheelchair User -16
<i>Para Male Kata</i>	Wheelchair User -16

<i>Para Female Kata</i>	Down Syndrome +16
<i>Para Male Kata</i>	Down Syndrome +16
<i>Para Female Kata</i>	Down Syndrome -16
<i>Para Male Kata</i>	Down Syndrome -16

<i>Para Weapons</i>	+16
<i>Para Weapons</i>	-16



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Rules:

The Para divisions are structured to allow competitors to compete equitably with each other. We want to allow all athletes with a disability to benefit from healthy competition.

The head referee for WKC Para Divisions is Blake Paterson.

- A country can enter four competitors per division.
- Competitors must wear a national team uniform.
- All divisions allow any type of open-hand kata. This means competitors may perform hard-style, Korean, Kenpo, Chinese, or free-style katas. Weapons or music are not allowed.
- Competitors may have one support person in the ring with them.
- Competitors are judged on Power, Balance, Control, Focus and Technique.
- Competitors are allowed one re-start with no deduction. A .05 deduction is taken after scores are presented for the second re-start.
- Competitors may do the same kata in the event of a tie.
- Some Para athletes may qualify for multiple divisions. For example, an intellectual disability athlete may also have a mobility disability.