

The 48th TOURNAMENT

Ontario Provincial
MARTIAL ARTS
Championships

PARA
MARTIAL ARTS
Championships

Name:

Instructor:

Club:

Age as of Jan 1/26:

Rank:

Address:

Phone:

Email:

Release Form:

In consideration of being allowed to participate in the Ontario Provincial Championships /PARA Championships the undersigned does hereby for himself, his heirs, executors, administrators, successors and assigns release and forever discharge the Promoter and the organizers of the said tournament and their servants and agents and all those in any way connected with the running and management of same, from any and all actions, causes of actions, claims and demands for, upon or by reason of any damage, loss or injury to person and property and death which heretofore has been or hereafter may be sustained in consequence of the undersigned participating in the said tournament.
I also hereby agree that any photographs or films of myself, taken at the Ontario Provincial Championships event may be used by the tournament Director for publication, broadcasting or any other promotional purposes.



Signature:

Multiple Student Pre-Registration Form for Families / Clubs

*Rank (circle one)	Beginner	Intermediate	Advanced						
Competitor Name	Age	Sparring	Traditional Forms	Open Forms	Traditional Weapons	Creative Weapons	\$ Amount		

Pre-Registration Cost:

1st Division \$60

Each Extra Division \$20

Spectator Pass \$10

Last day for Pre-Registration is February 15th, 2026

All Pre-Registration Forms Payable by cheque, or e-Transfer to:



Blake Paterson

Paterson's Karate Works

846 Shadeland Ave

Burlington ON L7T 2M1

* Rank for under Black Belt is determined by Beginner/Intermediate/Advanced levels. As not every club/style uses the same colour belts or order, consult with your instructor if unsure or contact Blake Paterson (905) 639-8055, email coach@thekarateguy.com. This helps ensure a fair competition for all styles and educates newer students of competition.





SATURDAY
FEBRUARY
28, 2026

The 48th TOURNAMENT

HABER RECREATION CENTRE

3040 Tim Dobbie Dr. Burlington ON

★★★★★★★★

Best Supporting Club

\$1,000.00

Cold Hard CASH

★★★★★★★★

3rd Best Supporting Club

\$200.00

Cold Hard CASH

★★★★★★★★

The Ontario Provincial MARTIAL ARTS Championships AND PARA MARTIAL ARTS Championships



HOSTED BY PATERSON'S KARATE WORKS

★★★★★★★★

2nd Best Supporting Club

\$600.00

Cold Hard CASH

★★★★★★★★

4th Best Supporting Club

\$200.00

Cold Hard CASH

★★★★★★★★

For More Information Contact : Blake Paterson

coach@thekarateguy.com patersonskarateworks@gmail.com

905 639 8055 905 730 5424

★★★★ This is a Karate Event Sanctioned by Karate Ontario ★★★★★



Ontario Provincial **MARTIAL ARTS** Championships

Saturday February 28nd, 2026 - INFORMATION

Ontario Provincial Martial Arts Championships Information:

Place: Haber Recreation Centre, 3040 Tim Dobbie Drive, Burlington, ON
Registration: Saturday starts at 8:00am until start of division.
Saturday: All divisions have a start time.
Please refer to Division Sheet for your Start Time.
Pre-Registration received before February 15th:
\$60 for 1 event, \$20 for each additional.
\$10 for spectator pass.
Registration at the door - *CASH ONLY :
\$70 for 1 event, \$30 for each additional.
Spectators: General Admission \$10 each person.
10 and under \$5 each person.
Seniors (proud grandparents) and
Kids under 5 (future Black Belts) always **FREE!!**

Para Martial Arts Championships :

Place: Haber Recreation Centre, 3040 Tim Dobbie Drive, Burlington, ON
Registration: Saturday, starts at 8:00am until start of division.
Eliminations: Saturday 9:00am with weapons followed by forms.
All registered competitors include One FREE Support Worker.
Pre-Registration received before February 15th:
\$60 for 1 event, \$20 for each additional.
\$10 spectator passes.
Registration at the door - *CASH ONLY :
\$70 for 1 event, \$30 for each additional.
Spectators: General Admission \$10 each. 10 and under \$5 each.
Support Worker Pass is **FREE**. Limit 1 per competitor.
Seniors (proud grandparents) and
Kids under 5 (future Black Belts) always **FREE!!**

**** Eliminate lines and save \$\$\$!!! Pre-register your competitors and spectators ****

DIRECTIONS

From Toronto/Ottawa/Quebec:

401W to 403W to 407W, Take Exit 9 Appleby Line, Turn Left onto Appleby Line, Turn Right on Dundas.
Haber Recreation Centre will be on Right at corner of Dundas and Tim Dobbie.

From Detroit/Windsor/London:

401E to 403E to 407E, Take Exit 5 Dundas Street, Turn Right onto Dundas, **Haber Recreation Centre** will be on Left at corner of Dundas and Tim Dobbie.

From Niagara/Buffalo:

Queen Elizabeth Way (QEW) Hamilton/Toronto bound to 407E. Take Exit 5 Dundas Street, Turn Right onto Dundas, **Haber Recreation Centre** will be on Left at corner of Dundas and Tim Dobbie.

GPS Address:

3040 Tim Dobbie Drive, Burlington, ON

Para Martial Arts Championships

Para Female KATA	Intellectually Impaired +16
Para Male KATA	Intellectually Impaired +16
Para Female KATA	Intellectually Impaired -16
Para Male KATA	Intellectually Impaired -16
Para Female KATA	Mobility Impaired +16
Para Male KATA	Mobility Impaired +16
Para Female KATA	Mobility Impaired -16
Para Male KATA	Mobility Impaired -16
Para Female KATA	PPD/NOS +16
Para Male KATA	PPD/NOS +16
Para Female KATA	PPD/NOS -16
Para Male KATA	PPD/NOS -16
Para Female KATA	Visually Impaired +16
Para Male KATA	Visually Impaired +16
Para Female KATA	Visually Impaired -16
Para Male KATA	Visually Impaired -16
Para Female KATA	Wheel Chair User +16
Para Male KATA	Wheel Chair User +16
Para Female KATA	Wheel Chair User -16
Para Male KATA	Wheel Chair User -16

This is a **KARATE EVENT**
Sanctioned by
Karate Ontario



Ontario Provincial **MARTIAL ARTS** Championships

Saturday February 28nd, 2026 - EVENTS



Junior Black Belts

Time	Ring	Division	Traditional weapons	Creative weapons	Traditional forms	Open forms	Kumite/ sparring
9:00	4	-10yrs Boys	X	X	X	X	X
9:00	8	-10yrs Girls	X	X	X	X	X
10:00	8	11-12yrs Boys	X	X	X	X	X
10:00	4	11-12yrs Girls	X	X	X	X	X
11:30	4	13-14yrs Boys	X	X	X	X	X
11:30	8	13-14yrs Girls	X	X	X	X	X
1:30	4	15-17yrs Boys	X	X	X	X	X
1:30	8	15-17yrs Girls	X	X	X	X	X

Notes: Traditional Weapons- Bo staffs must be non-tapered...Creative weapons – No releases....Open Forms can use music or weapon.....Traditional forms include Japanese, Okinawan, Chinese and Korean.

Adult Black Belt

Time	Ring	Division	Traditional weapon	Creative Weapon	Open Forms	Traditional Forms	Time	Sparring	Kumite/Sparring
9:00	1	Men 18yrs+	X	X	X	X	2:00	-180lbs	+180lbs
9:00	5	Women 18yrs+	X	X	X	X	2:00	-135lbs	+135lbs

Adult BB Kata/ weapons Grand championship will be run at 10:00am

Veteran Black Belts

Time	Ring	Division	Weapons	Traditional Forms	Time	Kumite/Sparring
9:00	2	Men 35yr+	X	X	1:30	X
9:00	2	Men 42yrs+	X	X	1:30	X
9:00	6	Women 35yrs+	X	X	1:30	X
9:00	6	Women 42yrs+	X	X	1:30	X

Under Belt Divisions - Boys / Girls SEPARATE

Time	Ring	Division	Weapons	Kata/ Forms	Sparring Boys/ Girls Separate
9:00	3	6yrs & under Novice	X	X	X
9:00	7	6yrs & under Advance	X	X	X
10:00	1	7-8yrs Novice	X	X	X
10:00	2	7-8yrs Intermediate	X	X	X
10:00	3	7-8yrs Advance	X	X	X
10:00	5	9-10yrs Novice	X	X	X
10:00	6	9-10yrs Intermediate	X	X	X
10:00	7	9-10yrs Advance	X	X	X
11:30	2	11-12yrs Novice	X	X	X
11:30	3	11-12yrs Intermediate	X	X	X
11:30	1	11-12yrs Advance	X	X	X
11:30	6	13-14yrs Novice	X	X	X
11:30	7	13-14yrs Intermediate	X	X	X
11:30	5	13-14yrs Advance	X	X	X
1:30	1	15-17yrs Novice	X	X	X
1:30	1	15-17yrs Intermediate	X	X	X
1:30	5	15-17yrs Advance	X	X	X
1:30	2	Men 18yrs+ Novice	X	X	X
1:30	2	Men 18yrs+ Advance	X	X	X
1:30	2	Men 35yrs+ Novice	X	X	X
1:30	2	Men 35yrs+ Advance	X	X	X
1:30	6	Women 18yrs+ Novice	X	X	X
1:30	6	Women 18yrs+ Advance	X	X	X
1:30	6	Women 35yrs+ Novice	X	X	X
1:30	6	Women 35yrs+ Advance	X	X	X
2:00	1	Under belt Musical	X	X	X

For More Information
Contact : Blake Paterson

coach@thekarateguy.com
patersonskarateworks@gmail.com

905 639 8055
905 730 5424

HOTEL

Courtyard by Marriott Burlington,
1110 Burloak Dr, Burlington, ON L7L 6P8