

MICHAEL & TAMMY BERNARDO PRESENT

# ***THE ONTARIO GRAND NATIONALS***

OPEN MARTIAL ARTS  
CHAMPIONSHIPS

**SATURDAY  
NOVEMBER 5th**  
Centennial Hall  
550 Wellington St.  
London, Ontario



# ***2022***

BERNARDO KARATE 519.659.2504 [WWW.ONTARIOGRANDNATIONALS.COM](http://WWW.ONTARIOGRANDNATIONALS.COM)

# ONTARIO GRAND NATIONALS INFORMATION

**Location:** Centennial Hall, 550 Wellington Street, London, Ontario

**Date:** Saturday, November 5th

**Information:** Bernardo Karate, 519-659-2504 or email at [bernardokarate.com](mailto:bernardokarate.com)

**Times: Registration:** Saturday, starts at 8:00 am, until start of division.

**Saturday:** *All divisions have a start time.*

*Please check division sheet to see start time.*

**Rules:** WKC kata and weapons rules,  
Modified OKF kumite/sparring rules

**Referees:** OKF/WKC

**Competition area:** All rings matted

## **COSTS:**

**Early Bird** {received before October 1st}  
\$50 for 1<sup>st</sup> event/ \$10 each additional  
Plus a \$5 Off Coupon on T-shirt

**Pre-Registration** {before November 1st }  
\$60 for 1<sup>st</sup> event/ \$10 each additional

**Registration at the door** \$70 for 1 event, \$10 for each additional.

**Spectators** \$10 adults  
\$5 children {12yrs & under }  
\$5 seniors.  
FREE Kids Under 5 years

**\*\*\*Instructors ask about school pre-registration discounts\*\*\***



# ONTARIO GRAND NATIONALS DIVISIONS

## Junior Black Belts

| Time  | Ring | Division       | Traditional weapons | Creative weapons | Traditional forms | Open forms | Kumite/ sparring |
|-------|------|----------------|---------------------|------------------|-------------------|------------|------------------|
| 9:30  | 1    | -10yrs Boys    | X                   | X                | X                 | X          | X                |
| 9:30  | 2    | -10yrs Girls   | X                   | X                | X                 | X          | X                |
| 10:30 | 2    | 11-12yrs Boys  | X                   | X                | X                 | X          | X                |
| 10:30 | 1    | 11-12yrs Girls | X                   | X                | X                 | X          | X                |
| 12:00 | 1    | 13-14yrs Boys  | X                   | X                | X                 | X          | X                |
| 12:00 | 2    | 13-14yrs Girls | X                   | X                | X                 | X          | X                |
| 2:00  | 2    | 15-17yrs Boys  | X                   | X                | X                 | X          | X                |
| 2:00  | 1    | 15-17yrs Girls | X                   | X                | X                 | X          | X                |

**Notes: Traditional Weapons- Bo staffs must be non-tapered...Creative weapons – No releases....Open Forms can use music or weapon....Traditional forms include Japanese, Okinawan, Chinese and Korean.**

**\$100 honorarium for each age category of Jr. BB Overall Champion.....10yrs, 11-12yrs, 13-14yrs, 15-17yrs (see below for details)**

## Adult Black Belt

| Time | Ring | Division     | Traditional weapon | Creative Weapon | Open Forms | Traditional Forms | Time | Sparring | Sparring | Sparring |
|------|------|--------------|--------------------|-----------------|------------|-------------------|------|----------|----------|----------|
| 9:00 | 3    | Men 18yrs+   | X                  | X               | X          | X                 | 2:00 | -165lbs  | +185lbs  | +185     |
| 9:00 | 4    | Women 18yrs+ | X                  | X               | X          | X                 | 2:00 | x        |          |          |

**Adult BB Kata/ weapons Grand championship will be run at 10:00am**  
**\$200 honorarium for both Men/ Women Kata/ weapons Grand Champion**

## Veteran Black Belts

| Time | Ring | Division     | Weapons | Traditional Forms | Time | Kumite/Sparring |
|------|------|--------------|---------|-------------------|------|-----------------|
| 9:00 | 5    | Men 35yr+    | X       | X                 | 1:30 | X               |
| 9:00 | 5    | Men 42yrs+   | X       | X                 | 1:30 | X               |
| 9:00 | 6    | Women 35yrs+ | X       | X                 | 1:30 | X               |
| 9:00 | 6    | Women 42yrs+ | X       | X                 | 1:30 | X               |

**\$200 honorarium for Men/Women kumite/sparring Grand Champion**

## Under Belt Divisions

| Time  | Ring | Division                | Weapons | Kata/ Forms | Sparring Boys/ Girls Separate |
|-------|------|-------------------------|---------|-------------|-------------------------------|
| 9:00  | 1    | Little dragons (basics) |         |             |                               |
| 9:00  | 7    | 6yrs & under Novice     | X       | X           | X                             |
| 9:00  | 8    | 6yrs & under Advance    | X       | X           | X                             |
| 10:00 | 3    | 7-8yrs Novice           | X       | X           | X                             |
| 10:00 | 5    | 7-8yrs Intermediate     | X       | X           | X                             |
| 10:00 | 7    | 7-8yrs Advance          | X       | X           | X                             |
| 10:00 | 4    | 9-10yrs Novice          | X       | X           | X                             |
| 10:00 | 6    | 9-10yrs Intermediate    | X       | X           | X                             |
| 10:00 | 8    | 9-10yrs Advance         | X       | X           | X                             |
| 11:30 | 5    | 11-12yrs Novice         | X       | X           | X                             |
| 11:30 | 7    | 11-12yrs Intermediate   | X       | X           | X                             |
| 11:30 | 3    | 11-12yrs Advance        | X       | X           | X                             |
| 11:30 | 6    | 13-14yrs Novice         | X       | X           | X                             |
| 11:30 | 8    | 13-14yrs Intermediate   | X       | X           | X                             |
| 11:30 | 4    | 13-14yrs Advance        | X       | X           | X                             |
| 1:30  | 3    | 15-17yrs Novice         | X       | X           | X                             |
| 1:30  | 3    | 15-17yrs Intermediate   | X       | X           | X                             |
| 1:30  | 4    | 15-17yrs Advance        | X       | X           | X                             |
| 1:30  | 5    | Men 18yrs+ Novice       | X       | X           | X                             |
| 1:30  | 5    | Men 18yrs+ Advance      | X       | X           | X                             |
| 1:30  | 5    | Men 35yrs+ Novice       | X       | X           | X                             |
| 1:30  | 5    | Men 35yrs+ Advance      | X       | X           | X                             |
| 1:30  | 6    | Women 18yrs+ Novice     | X       | X           | X                             |
| 1:30  | 6    | Women 18yrs+ Advance    | X       | X           | X                             |
| 1:30  | 6    | Women 35yrs+ Novice     | X       | X           | X                             |
| 1:30  | 6    | Women 35yrs+ Advance    | X       | X           | X                             |
| 2:00  | 8    | Under belt Musical      | X       | X           | X                             |

**Overall Jr. BB champions. \$100 honorarium for each age category. -10yrs, 11-12yrs, 13-14yrs, 15-17yrs**

The overall champion is the BB who accumulates the most championship points. 10 points will be awarded for 1<sup>st</sup> in any BB division, 7 points for 2<sup>nd</sup>, 5 points for 3<sup>rd</sup> and 3 points for 4<sup>th</sup>.

(A tie is broken by competitor who finished higher in sparring. If there is still a tie, then honorarium is split)

# 2022 ONTARIO GRAND NATIONALS REGISTRATION FORM

**NAME** \_\_\_\_\_

**AGE** \_\_\_\_\_ **BELT RANK** \_\_\_\_\_ **STYLE** \_\_\_\_\_

**HOME ADDRESS** \_\_\_\_\_

**POSTAL CODE** \_\_\_\_\_

**KARATE SCHOOL** \_\_\_\_\_

**HOME PHONE** \_\_\_\_\_ **KARATE SCHOOL PHONE** \_\_\_\_\_

**EMAIL ADDRESS** \_\_\_\_\_

**WAIVER:** We the undersigned, hereby voluntarily submit our application to compete at the 2022 ONTARIO GRAND NATIONALS MARTIAL ARTS CHAMPIONSHIPS and do hereby waive any and all rights, claims or action that we, our heirs, successors or assigns may have against the Ontario Grand Nationals, Michael Bernardo, Tammy Bernardo, Bernardo Karate, Centennial Hall, or any agents, employees of the event, for damages or any form of recovery from liability resulting from injuries that may incur as a result from our participation and or attendance at said event. We further agree to indemnify any and all of the above parties in any action based on our attendance and or participation at the Grand Nationals. We have read, understand and agree to abide by the rules associated with this event and assume all responsibility and any associated liability for infringement of such rules. Additionally we are fully aware of our personal medical condition and hereby certify that we are mentally and physically fit to compete at said event.

**SIGNATURE** \_\_\_\_\_

**GUARDIAN IF UNDER 16** \_\_\_\_\_

**Divisions:** Please circle the divisions you are entering on back page

## REGISTRATION COST:

|                         |                                 |  |
|-------------------------|---------------------------------|--|
| <b>EARLY BIRD</b>       | Received before<br>October 1st  | \$50 for 1 <sup>st</sup> event /\$10 each additional. Plus \$5 coupon<br>towards tournament t-shirt. |
| <b>PRE-REGISTRATION</b> | Received before<br>November 1st | \$60 for 1st event / \$10 each additional  |
| <b>AT THE DOOR</b>      |                                 | \$70 for 1 <sup>st</sup> event/ \$10 each additional   |

You can register online at [www.ontariograndnationals.com](http://www.ontariograndnationals.com)

**TOTAL NUMBER OF DIVISIONS** \_\_\_\_\_ **TOTAL AMOUNT ENCLOSED \$** \_\_\_\_\_

Credit Card: Visa, M/C, Amex Number \_\_\_\_\_ exp. \_\_\_\_\_

Signature \_\_\_\_\_

Make cheque or money order payable to Bernardo Karate.

Sorry No Refunds.

SEND TO: Michael Bernardo,

923 William St. London, Ontario, Canada, N5Y 2S7