## Welcome to the WKC Canadian Nationals

After 1.5 years of a pandemic that has transformed and changed our daily lives, we are extremely happy to be able to host the Canadian Nationals once again. While this is exciting, it is important to acknowledge that COVID-19 is by no means done. However, like most organizations, we have been given the opportunity to operate while following all public health guidelines and protocols. This year there will be a few obvious differences;

- Everyone entering the Hall for competition must fill out the COVID-19 safety guideline sheet.
- Everyone entering the Hall will have their temperature checked.
- Every competitor is limited to a maximum of 2 family members as spectators.
- Entry into the hall is restricted to the colour of wrist band that you have.
   This will control the number of people in the hall. There will be NO exceptions made, and if you are breaking the rules you will be asked to leave the event.
- Once you are done competing you must leave the Hall.
- Masks must be worn at all times, unless competing in the ring.

## Structure of the event

The ring assignment sheet will provide you start times and ring assignments. *This year only,* Team Canada will have 6 competitors in each division at the World Championships.

This means the Top 6 in each division qualify for the WKC World Championships. *If there are 6 or less competitors in a division*, we will be doing only 1 round of competition. This will minimize over-crowding and potential for excessive exposure to crowds.

If there are more than 6 competitors, we will do 2 rounds of competition. In Kata, competitors compete in random order and in round 2 they compete in the reverse order. The scores from both rounds are added together to determine the winner. In sparring, the winners of round 1 receive points, 100-1<sup>st</sup>, 75-2<sup>nd</sup>,50-3<sup>rd</sup>,25-4<sup>th</sup>,10-5<sup>th</sup>-8<sup>th</sup>. In round 2 the competitors are seeded and again points are awarded to the winners. The top 6 point winners make team Canada. Team merchandise —As with other year we will be providing Team Canada merchandise at the front counter. Please purchase your merchandise (team uniform and team Jacket) during the event as we try and avoid line-ups on day 3.