

WKC CANADA

SUPER CAMP IV



July 21st / 22nd / 23rd
London, Ontario
1165 Oxford St. East

The Super Camp is designed for students wishing to take their training to the next level. Achieving your true potential is a combination of hard work and knowledge. This Camp provides Top World Class instructors who will teach the skills and strategies that have helped them and their students excel in tournaments.



Richard Plowden – Point sparring
John Douvris – Point sparring
Tressa Young – Open Forms
Subhadra Shrestha – Classical forms
Jim Flood – Continuous point sparring
Tammy Bernardo- Continuous Point sparring
Michael Bernardo- Weapons

Schedule

Friday July 21st - 7:00pm-9:00pm - John Douvris- point sparring/ Jim Flood continuous point sparring

Saturday July 22nd - 9:00am-4:00pm - Richard Plowden – Point Fighting/ Subhadra Shrestha Traditional/classical Forms/ Tressa Young Open forms / Tammy Bernardo - conditioning

Sunday July 23rd - 9:00am – 1:00pm - John Douvris Point fighting/ Michael Bernardo Weapons/Tammy Bernardo Continuous Point

Cost Early Bird \$199 (before July 1st) includes free Camp T-shirt, \$249 after July 1st Space is limited.

Name _____ School _____

Age _____ T-shirt size _____ Phone _____ Amount enclosed _____

(Cheque payable to WKC Canada)

Visa/MC _____ Exp _____

Signature _____

Please send cheque to: WKC Canada 1270 Bank St. Ottawa K1S 3Y4