

## **WKC Battle Zone Schedule**

### **Friday**

**12:00-8:00 - registration**

2:30-4:30 – seminars

6:00pm – Musical weapons and musical open/freestyle divisions

7:15pm – 2-person team fighting

### **Saturday**

**8:00 – 12:00 – registration**

9:00 All – 10yrs, 11-12yrs, 13-14yrs Traditional kata, traditional weapons, Creative weapons and point sparring

12:30 All 15-17yrs and adults, Traditional kata, traditional weapons, Creative weapons and point sparring

### **Sunday**

**10:00 AM – 12:00 PM**

Training Camp

Develop the Champions Mental Edge

With Sensei Jim Flood

# FREE INCREDIBLE SEMINARS BY WKC WORLD CHAMPIONS

Open to all WKC Battle Zone competitors and  
coaches

Friday, March 4, 2022



**Robbie Lavoie**



**Julian Shamuon**



**Chris Gorham**

## AND DEVELOP THE CHAMPIONS MENTAL EDGE

**WITH SENSEI JIM FLOOD**

On Sunday, March 6, 2022



**WKC BATTLE ZONE 2022**

**BATTLE  
ZONE**

**DELTA HOTELS OTTAWA CITY CENTRE  
121 LYON ST. N**

## WKC Battle Zone Divisions

All divisions divided into Boys and Girls

<b>-10yrs</b>	<b>11-12yrs</b>	<b>13-14yrs</b>	<b>15-17yrs</b>	<b>18yrs+</b>	<b>Veteran</b>
Traditional kata	Traditional kata	Traditional kata	Traditional kata	Traditional kata	35yrs+Traditional kata
Traditional weapons	Traditional weapons	Traditional weapons	Traditional weapons	Traditional weapons	35yrs+Traditional weapons
Creative weapons	Creative weapons	Creative weapons	Creative weapons	Creative weapons	35yrs+Creative weapons
Musical/extreme weapons	Musical weapons	Musical weapons	Musical weapons	Musical weapons	
Musical open hand/ freestyle	Musical open hand/ freestyle	Musical open hand/ freestyle	Musical open hand/ freestyle	Musical open hand/ freestyle	
Point sparring short	Point sparring short	Point sparring short	Point sparring short	Point sparring Men (3) -75kg, -85kg, +85kg	Point sparring Men (2) +35yrs, +42yrs
Point fighting tall	Point fighting tall	Point fighting tall	Point fighting tall	Point fighting Women (2) -65kg, +65kg	Point sparring Women (2) +35yrs, +42yrs
2 person Team fighting	2 person Team fighting	2 person Team fighting	2 person Team fighting	2 person Team fighting	2 person Team fighting

### Division notes

- Age as of January 1<sup>st</sup>
- WKC rules apply
- Open belt division (any belt level may compete).
- Traditional kata includes Japanese, Korean and Chinese
- Music is optional in Musical open/ freestyle division
- Short/Tall – all fighters will be lined up and divided into short and tall categories. The winners of short and tall will faceoff off for overall division title.

### NEW – 2 person team fighting

- Two fighters in the same age category (Boys and Girls separate)
- Each competitor fights for 90 seconds. The combined score of both matches determines the winning team.
- The team must win by two points. The fighters in the ring at the end of regulation time, resume fighting until the 2 point victory margin is reached.
- The team that loses the opening coin flip must send in the first fighter.